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Texte de Bentinho Massaro, du 13 juillet 2021

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« There is a hidden war at play. It is nothing new. It's been as old as the universe itself. However, there are more crucial, energetic and decisive cycles in this war and there are less intense cycles in this play of powers.

Since this war is hidden from the minds and eyes of most, many people have no conscious reference for it, for all they see is the bubble-movie of their own physical life. Nevertheless, they are affected by such cycles unconsciously.

Those especially affected are those consciously standing up for the light and freedom of all people. If you are playing a part in this intention, or if it is in your blueprint to be playing an important part later on in your life, then you may find yourself especially affected these next few days. And in general more than other players who are on the sidelines.

I am sharing this message as a heads up. A gentle warning. Not to go panic, but rather for you to check your own thoughts before believing in any of them, and to pause before acting out of any strong emotions. You may find yourself more on edge, more influenceable, more susceptible perhaps; more reactive and more tempted towards negativity than usual.

This is OK—just take extra pauses throughout the day to connect to your background awareness, not letting yourself get tempted to believe in the whirlpool of negative thoughts that you may occasionally feel have been thrown upon you as if out of nowhere. Remember who you truly are, and minimize how much you react to such emotions and thoughts.

The weapons of this war are primarily that of thoughts and perspectives. Stay as peacefully vigilant as possible until such storms pass over. Avoid coming to any important conclusions about your life in such phases. Let the storm pass first. Be the eye of the storm until you can feel your whole self again clearly.

Rest in aware-being. Do not believe what appears to be your own thoughts. Do not be fooled. Let them go. Rest. Trust. Surrender. Focus on Oneness and Love. »

